



apollo sports CYPRUS

This is a different run than the others as you are running on the main road bike paths a lot of the time, but to visit the town square and the St. George church at the half way point is much worth the uphill climb. Bring some and you can sit at a local café and watch the locals before running predominately downhill until you again grace the trails along the beach back to Malama beach. There are often places you can cut this trip short also. Mostly asphalt apart from the final 1.2km.



(Red)

START

The routes are not marked. All routes are runned at your own risk. Bring water/fluid and extra energy if needed.

DISTANCE: 11 km

TOTAL CLIMB: 105 m

HIGHEST POINT: 87 m

