



# THE MORNING JOGG

# 1.7KM

apollo sports

la pared powered by play itas

**LA PARED  
FUERTEVENTURA - SPAIN**

**DESCRIPTION**

Easy run along a gravel road takes you to the beach. Run along the beach. You might get wet if there is really high tide, then back to the stairs for a hard sprint up before the 200 m jog back.



**DISTANCE: 1.7KM**

**TOTAL CLIMB: 24M**

**LOWEST POINT: 12M**

**HIGHEST POINT: 47M**

