



Kids Sports Academy Programme



5-7 years	Mon 24 February	Tue 25 February	Wed 26 February	Thurs 27 February	Fri 28 February	Sat 29 February	Sun 01 March	
	9.00 Beach Football	09.30 Playitas Olympic Day for all the family at the beach 10.00 Family Crossfit with Peter Blaha at MC1 16.00 Pool Games at aparthotel	09.00 Hand Ball at Indoor Hall	10.00 Beach Football	10.00 Beach football	09.00 Mini Tri Sign up in SB before 15.00 Friday Meet outside Sportsbooking 15.00 Beach Games	10.00 Family Crossfit with Peter Blaha at TC6	
	10.00 Dance at Plaza Rambla		10.00 Family Crossfit with Peter Blaha at MC1	11.00 Family Bootcamp meet at Plaza Rambla	10.00 Family Crossfit with Peter Blaha at TC6		11.00 Pool Games at Aparthotel pool	
	16.00 Mini Golf meet at Sportsbooking		16.00 Mini Golf meet at Sportsbooking	15.00 Family Crossfit with Peter Blaha at MC1	12.00 Bike Fit - drop in to Test your bike size for Mini Tri		15.15 Adventure Race	
	10.00 Survival games have fun together! Meet at Indoorhall	09.30 Playitas Olympic day for all the family meet at the beach 10.00 Family Crossfit with Peter Blaha at MC1 13.00 Fitness Boxing at TC6 15.00 Football at MC1 15.00 Gymnastics at TC6 Sign up at Sportsbooking	10.00 Mini Golf meet at Sportsbooking	11.00 Family Bootcamp meet at Plaza Rambla	10.00 Beach Football	09.00 Mini Tri Sign up in SB before 15.00 Friday Meet outside Sportsbooking 12.00 Spinning at Spin Room Sign up in SB 16.00 Mini Golf meet at SportsBooking	10.00 Family Crossfit with Peter Blaha at TC6	
	16.00 Mini Hike meet at Plaza Rambla		10.00 Family Crossfit with Peter Blaha at MC1	15.00 Family Crossfit with Peter Blaha at MC1	11.00 Fun Class at MC1		11.00 Dance at Plaza Rambla	
	17.00 Water Polo at Aparthotel pool		11.00 Dance at Plaza Rambla	14.00 Floorball (30mins) at indoorhall	12.00 Bike Fit - drop in to Test your bike size for Mini Tri		11.00 Family Volleyball	
			15.00 Football at MC1	15.00 Football at MC1	14.00 Handball (30 min) at Indoorhall		15.15 Adventure Race Meet Plaza Rambla / SB	
	10.00 Survival games have fun together! Meet at Indoorhall	09.30 Playitas Olympic Day for all the family meet at the beach 10.00 Family Crossfit with Peter Blaha at MC1 13.00 Fitness Boxing at TC6 14.00 Football at MC1	11.00 Dance at Plaza Rambla	9.00 Beach Football	11.00 Fun Class at MC1	09.00 Mini Tri Sign up in SB before 15.00 Friday Meet outside Sportsbooking 12.00 Spinning at Spin Room Sign up in SB	10.00 Family Crossfit with Peter Blaha at TC6	
	15.00 Football at MC1		10.00 Family Crossfit with Peter Blaha at MC1	14.00 Football at MC1	11.00 Family Bootcamp meet at Plaza Rambla		10.00 Family Crossfit with Peter Blaha at TC6	11.00 Dance at Plaza Rambla
	16.00 Mini Hike meet at Plaza Rambla		16.00 Badminton (30 mins) Sign up in Sportsbooking	15.00 Family Crossfit with Peter Blaha at MC1	12.00 Bike Fit - drop in to Test your bike size for Mini Tri		11.00 Family Volleyball	
			17.00 Gymnastic at indoorhall - Sign up in Sportsbooking	14.00 Fitness X WOD at TC6	14.30 Floorball (30mins) at indoorhall		15.15 Adventure Race Meet Plaza Rambla / SB	

20.00 to 22.00 Floodlit Football and Volleyball - simply turn up and play (unsupervised)

To join activities for the KSA, you have to sign up in Sports Booking before you start the first activity. activities.

Registration is free; your will receive a nametag which you need to bring with you to. For teenagers is not necessary to do the registration formulary

** For tennis you need to sign your child up at Sports Booking one day before the activity.

Please be aware that we are NOT a kindergarten; KSA is a fun place for kids to play together and learn some new sports. Parents can not leave Playitas complex while child is at KSA; at least one responsible need to be available for the child in any case. Children under 12 must be signed in and out of all activities. All children should come with a water bottle.

We are entitled to shorten the time when few children are showing up. Please be 5 minutes before we start at the area where we will play.

Please be aware that all Activities are at your childs own risk.

