Available from February Best obstacle course 3km - 16 Obstacles El mejor circuito de obstáculos 3km - 16 obstáculos

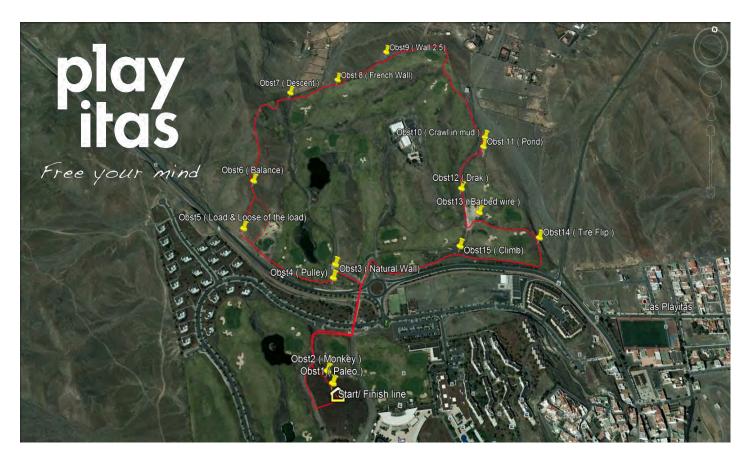
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Nore information and bookings in Sportsbooking and sportsbooking@playitas.net



OBSTACLE COURSE



Our challenging obstacle course at Playitas Resort offers authentic training like that of the hardest warriors. The track combines simple activities, such as running, with harder ones, such as crawling, climbing or moving through difficult terrain.

Teamwork and self-confidence are essential to face these realistic scenarios that pose a physical and mental challenge.

3km obstacle course - 16 unique obstacles



DESCRIPTION OF OBSTACLES AND REQUIREMENTS TO OVERCOME THEM





Obstacle 1

Paleo

The participant has to complete the obstacle by jumping over using feet and hands, without using the help of the lateral supports.





Obstacle 2

Monkey

The participant has to complete the obstacle using the arms, without touching the ground with the feet. It is not permitted to use the lateral supports.





Obstacle 3

Slack Line

The participant has to complete the obstacle without falling or touching the ground, walking on the slats.





Obstacle 4

Natural wall

The participant has to complete the obstacle by jumping over using hands and feet without the use of the lateral supports.





Obstacle 5

Pulley

The participant has to raise the load with the use of the rope to the mark and lower it, you cannot let go or throw the load down.







Obstacle 6

Pick up the load.

The participant has to pick up the load and take it to obstacle number 8. You cannot drop the load to the ground.





Obstacle 7

Balance

The participant has to complete the obstacle without falling or touching the ground, walking on the slats.





Obstacle 8

Descent

The participant has to descend with rope down the slope.





Obstacle 10

French Wall

The participant has to overcome the obstacle by jumping over using feet and hands. . It will not be able to be helped of the lateral supports.





Obstacle 9

2.5 m Wall







Obstacle 11

Crawl in mud

The participant has to complete the obstacle by crawling in the mud from the beginning to the end.





Obstacle 12

Pond

The participant has to complete the obstacle by going through the pond.





Obstacle 13

Drak

The participant has to complete the obstacle by bringing the load to the obstacle end point.





Obstacle 14

Barbed wire

The participant has to complete the obstacle by crawling from the beginning to the end of it.





Obstacle 15

Tire flip

The participant has to flip the wheel 6 times (three times one way and three times back).







Obstacle 16

The participant has to complete the obstacle by climbing the rope and ringing the bell.

PRICES AND CONDITIONS

Winter season 1 November – 31 April Tuesdays & Fridays

Tuesdays & Fridays 17:00

15:00

15€ p. P. /h (in sports program) **15€ p. P.** / h.

Private use for groups (Guests)

Precio/ 1 Hr. 199€ (máx. 20 paxs.) 230€ (máx. 20 paxs.)

Private use for groups (External)

Summer season

1 May - 31 October

Precio/ 1 Hr.

Saturday and Sunday --- 09:00 a.m.

Meeting Point at Climbing Wall

For private hire booking must be done in advance to Sportsbooking & sportsbooking@playitas.net .